



MEET THE TEAM

Irene, Freelancer Art Facilitator at the CAFÉ ART

As a Freelancer Art Facilitator, I have been working with adults with learning disabilities for Frontline Partnership Ltd since 2014 at the CAFÉ ART, and it's been a joy and an honour to be able to work with you guys.

I have also worked as an Inclusion Support Worker at THE GATES from 2018 until 2023, which is a charity organisation under the umbrella of Frontline Partnership Ltd, providing a beautiful setting for indoors and outdoors horticultural and art activities for adults with learning disabilities.

Since 2014 the CAFÉ ART group has evolved tremendously regarding clients' self-confidence and art skills. In 2021 we had our first Art Exhibition at Brentwood Library and because of its success, we have received more funds to carry on with the project. We have had three art exhibitions already, and we look forward to this year's one.

I'm based at the BRENTWOOD ARTS THERAPY CENTRE in Pilgrims Hatch, Brentwood, which I opened in March 2023. It is an inclusive, safe and inspirational space, offering professional mental health support through Art Therapy. Once a month I run a guided art lesson, which is suitable to anyone, including adults with learning disabilities, as well as other art projects throughout the year.

Apart from being an Artist and Art Psychotherapist, I try to keep fit and healthy with daily exercises and homemade cooking. I have one chicken named Nina in my garden, and I always look forward to having quality time with my lovely husband, friends and family.

For more information you can have a look at my website at: www.brentwoodartstherapy.org.uk

Or contact me at: Mobile: 07715601222 - Email: imalvezi@hotmail.com



Voluntary Position on the Frontline Board of Trustees

Frontline enables and supports people with a learning disability and high support needs to live full and productive lives through their active inclusion within the Brentwood community
www.frontlinepartnership.org

Would **you** like to make a difference?

Do **you** have a passion for an inclusive community?

Are **you** enthusiastic about supporting people to fulfil their aspirations.

Could **you** support a small hardworking team?

If this is you, we would love to hear from you!!

For further information please contact Jo –
joayment@frontlinepartnership.org

07511 824170



Easter Closure Dates

Gates – No closure



Football – No closure (tbc)



Art – Last Class 27.03.24 - Return Date 17.04.24



Bakery – Last Class 28.03.24 - Return Date 18.04.24



Music Man Project - Last Class 26.03.24 - Return Date 16.04.24



Crown Café – Last Lunch 27.03.24 - Return Date 17.04.24



Tuesday Club – Last meeting 26.03.24 - Return Date 16.04.24



THE GATES
The Gates Super Club



'Book an Area Dining Experience'

Taramasalata, Tzatziki, olives and bread

Moussaka & Greek Salad

Tea/Coffee

Enjoy our set menu in one of our dining areas of your choice:

The Pergola, Wisteria Avenue, The Orchard.

Tickets £30

Tables in each dining area are limited – please book early to avoid disappointment.

For more information, or to book a place, please call or email:

Project Leader Tel: 07887 742622

Email: mary.v@frontlinepartnership.org

THE GATES
LONDON ROAD CEMETERY
LONDON ROAD
BRENTWOOD
CM14 4QW



Tuesday Club dates
April—May

Tuesday Club dates for your diary

For further information please call Tuesday Club Team on 07511 824170

16th April 2024 Tuesday Club at Sion Centre, Sawyers Hall Lane 7pm-8.30pm

23rd April 2024 Tuesday Club Service at Sion Centre, 7pm

30th April 2024 Tuesday Club at Sion Centre, 7pm

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7th May 2024 Tuesday Club at Sion Centre, 7pm

14th May 2024 Tuesday Club at Sion Centre, 7pm

21st May 2024 Tuesday Club at Sion Centre, 7pm

No Tuesday Club on 28th May because it is Half Term. Tuesday Club will return on 4th June 2024

THE GATES

SPRING OPEN DAY BBQ
SUNDAY 19th MAY 12PM – 3PM
Family and friends are all welcome

Come and check out our revamped allotments and garden areas.

- There will be plenty of homemade organic goodies & a wide selection craft & gifts on offer.
- There will be a wide selection of bedding and perennial plants, plus hanging baskets.

Please call or email for further information about our events.

'The Gates' part of Frontline Partnership, provide social, educative and therapeutic opportunities for vulnerable adults in a horticultural setting'



Easter Hat Competition
27th March 2024



Make and bring in an Easter hat

Prizes for the winners



Frontline
EASTER
School

FUN • SOCIALISING • GOOD FOOD

2nd April
Easter Themed day

3rd April
Preparing & Eating an Afternoon Tea

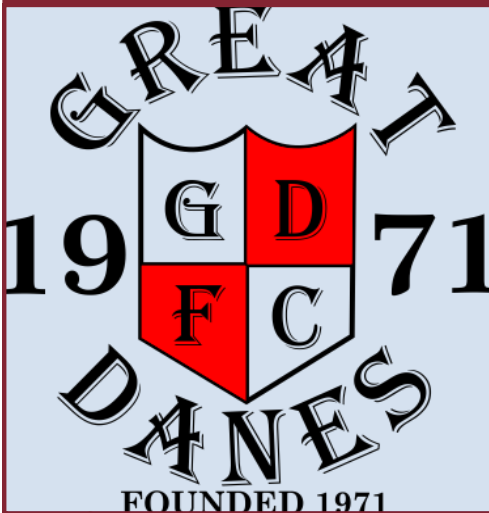
> 9:30am – 3pm • £25 each day inc lunch* • Carers lunch £5 <

*Please advise of any dietary requirements

On 4th March the team were pleased to be joined by West Ham football club at our Monday evening training session. Frontline's very own Jacob Knightsbridge was present, along with first team goalkeeper Lukasz Fabiański!

The team enjoyed taking some penalties against Lukasz - of which many were scored! Jacob and Lukasz then joined us in a friendly game. They were both overjoyed to join us, and very impressed with our play. After, West Ham very kindly provided us with some shirts signed by the two goalkeepers, for which we were very grateful.

More recently, West Ham included a special two-page feature in their 17th March match programme, offering some great publicity for our team!





BLAZE

CLUB NIGHT FOR ADULTS WITH DISABILITIES IN ESSEX
EVERY THURSDAY



Every Thursday night at La Quinta in Benfleet.

Blaze club night for special adults with learning difficulties and disabilities.

Top Essex DJ's weekly, plus themed events every month, with finger buffet and optional fancy dress.

7pm till 10pm weekly come rain or shine, with all genres of music from dance floor anthems, soul classics to party and a wee bit of cheese thrown in for good measure. Not to mention a packed dance floor all night long.

A fantastic night out which is now running into its 2nd decade and more popular and well attended than ever.

JOIN THE FACEBOOK GROUP!
 FOLLOW US ON INSTAGRAM
 CALL US NOW 01702 551125

Carers and family members always welcome plus bring a cake along when it's your birthday.

Our venue is wheelchair accessible.

Call us on 01702551125 for more details

C.D.D DISCO COMBINED DISABILITY DISCO

Tuesdays 7-9pm, The Haystack, 96 Furtherwick Rd, Canvey Island SS8 7AJ, £4 entry, raffle £1 (everyone's a winner)

Wednesdays 5-7pm, The Winston Social Club, 1 Northumberland Ave, Laindon, Basildon SS15 6NL, £3 entry, raffle £1 (everyone's a winner)

On the rare occasions that either venue is unavailable, and alternative activity will be arranged, e.g. bowling.

Entry fees will be used to fund special events throughout the year, such as a Christmas party.

For more information, please contact 07523 597632

**Carers
First**



Brentwood Drop in and Chat

Last Wednesday of the month
2:30pm - 3:30pm
Merrymead Tea Rooms

Our Brentwood Drop in and Chat provides an opportunity to connect with a member of our carers first team to discuss the situation around your caring role and meet other carers.

carersfirst.org.uk

0300 303 1555

HOPEFIELD
Animal Sanctuary

**Hopefield Animal Sanctuary,
Sawyer's Hall Farm, Sawyers
Hall Lane, Brentwood CM15 9BZ**

Craft Fair 27th April 10am-4pm Adults £8, Concessions £6, Children £7

From handmade pet accessories to children's books, recycled notebooks & stationery to crocheted toys and divine candles, there's something for all kinds of people and all kinds of budgets at our inaugural Craft Fair here at Hopefield!

Family Fun Day 25th May – 27th May 10am-4pm daily Adults £8, Concessions £7, Children £10

Spend the bank holiday weekend with us at Hopefield Animal Sanctuary, as we bring you our Family Festival!

Live performances, inflatables, our soft play bus, BBQ, Saddle Up Bar and more.

Earlybird tickets on sale NOW, book today:

www.hopefield.org.uk/book-tickets



[Long House Plants](#)

[01708 371719](tel:01708371719)

Long House Plants

Church Road

Noak Hill

Romford

RM4 1LD

**PASSIONATE ABOUT
PLANTS?**

WE GROW & SELL PLANTS!

Long House Plants is a small retail nursery run by Tim Carter. All the plants are grown here and we have a range of interesting and unusual trees, shrubs, perennials, grasses and alpines, selected to be successful in the local soils. Plant sales are for collection from the nursery only, we do not offer a delivery or mail order service.

There is off road car parking and a loo.

The nursery is all on one level and the loo is suitable for the disabled.

We accept payment by cash, credit and debit cards.

If you are visiting us to buy a specific plant, please contact us first to make sure that it is available.

Please note that only assistance dogs are welcome in the nursery or garden.

You may have noticed our opening hours;

Open from the beginning of March to the end of September

Fridays & Saturdays 10am-5pm, Sundays 10am-4pm

Bank Holidays 10am-5pm

This is to give us enough time to grow all the plants - we will also open by appointment.

We are happy to give advice on the care of plants and advice such as how to design a border or what plants to use in a tricky area. Bring in photos or a digital camera, a note of where the sun rises and sets and what the soil is like. The nursery does get busy, so if you want to spend more time with Tim, make an appointment either by telephone 01708 371719 or leave a message on the contact us section and he will see you before the nursery opens or closes so you can have his undivided attention.